Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Peeters Steven HEADCOACH

Coaches: Vandenberg Sandra

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:4, starttime: 14:13

Heat: 4/12 Lane : 3 Athlete: COOLEN HANNELORE **Q-time: 03:05:43**

PB (25m pool): 03:05.43 3500 Hasselt 23/11/2025 **PB (50m pool):** 03:08.28 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:42.73		01:29.92		02:16.22		03:05.43
		00:42.73		*00:47.19*		*00:46.30*		*00:49.21*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:16

Heat: 5/12 Lane : 1 Athlete: CLAES AMBER **Q-time: 02:56:90**

PB (25m pool): 02:56.90 Hasselt 04/10/2026 **PB (50m pool):** 03:07.23 **SB:** 02:56.90 Hasselt 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:38.55		01:22.81		02:10.60		02:56.90
		00:38.55		*00:44.26*		*00:47.79*		*00:46.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:11, starttime: 14:35

Heat: 11/12 Lane : 5 Athlete: JANSSENS MARTHE **Q-time: 02:17:81**

PB (25m pool): 02:17.81 Bilzen 25/01/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:31.96		01:06.33		no time		02:17.81
		00:31.96		*00:34.37*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH evaluation sheet for TEAM: ZCM

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:4, starttime: 14:54

Heat: 4/11 Lane : 3 Athlete: PEETERS JOCHEN — **Q-time: 02:52:66**

PB (25m pool): 02:52.66 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:57.75 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.45		01:23.70		02:10.41		02:52.66
		00:38.45		*00:45.25*		*00:46.71*		*00:42.25*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 15:53

Heat: 2/8 Lane : 7 Athlete: JANSSENS MARTHE — **Q-time: 99:99:99**

PB (25m pool): 02:45.12 3500 Hasselt 26/11/2023 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:45.12
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 15:58

Heat: 3/8 Lane : 1 Athlete: CLAES AMBER — **Q-time: 03:33:09**

PB (25m pool): 03:33.09 Hasselt 04/05/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:46.73		01:45.07		03:33.09		03:33.09
		00:46.73		*00:58.34*		*01:48.02*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: